

# The WARRIOR JOURNAL

February 21, 2008

The Official Newsletter of Carpinteria Track & Field

## NO PLACE LIKE HOME FOR WARRIORS

The grunts, shouts, yells and exertions once again stream out from the foot of the Carpinteria Foothills as the Warrior Red and Black Field and Track team begins preparations for what promises to be an exciting, competitive season. The team returns another season of Tri-Valley League action where they will take on ancient rivals in epic struggles. The team has quality returning veterans anxious to test their mettle and forge their way to success.

There will be plenty of opportunities to witness the excitement of 2008 season as the Warriors will be hosting 10 meets at the beautiful Carpinteria Valley Memorial Stadium. The Warriors open the season on March 1st with the annual Rincon Races.



*Alex Cuevas carries the baton at the 2006 CIF Finals.*

Nine CIF prelims competitors return, four of whom are Finalists from last year. Alex Cuevas will team up with Freddy Maldonado to give the boy's sprints and middle distance a competitive edge. Also returning for the boys, Erick Esqueda will roll off his cross country success to give the distance crew a front runner. Alex and Freddy both hold numerous spots in the Red Book for the sprints.

On track for the girls Kacey Nomura, Lauren Colomy, and Marissa Carrillo will combine to form the core of the sprint and middle

distance groups as well as the heart and soul of the relay teams. Kacey seeks to maintain her dominance in the school record book while Marissa and Lauren hope to add their epitaph a few more times to the vaunted book of red.

On the field for the girls Lucy Musson, Carina Celio, and Hannah Stuber return with the hops for the veteran jumping crew. Lucy seeks her second trip to the CIF Finals meet while Carina and Hannah strive for a first Finals berth. All three girls plan on impacting the records in their respective events. Musson seeks to break the 5'2" barrier in the high jump. Carina and Hannah handle the long and triple jumps.

Along with these veterans many more experienced athletes return as well and they're bringing some brand new faces with them. The latest news may always be found at [warriorcountry.com/track](http://warriorcountry.com/track). So keep your computer on standby so you can get the latest in Warrior T&F action all season long!



*Junior Freddy Maldonado has been on a CIF Finalist 4x400 relay team for two years.*



*2006 CIF High Jump Medalist Lucy Musson.*



*CIF 4x400 meter relay finalist Erick Esqueda.*

# CARPINTERIA WARRIORS

## TRACK & FIELD 2008

<u>Date</u>	<u>Day</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
<b>Mar. 1</b>	<b>Sat.</b>	<b>Rincon Races</b>	<b>Carpinteria</b>	<b>10:00</b>
<b>Mar. 6</b>	<b>Thur.</b>	<b>Maricopa Relays</b>	<b>Carpinteria</b>	<b>3:00</b>
Mar. 8	Sat.	Tri-County Invitational	Moorpark	9:00
<b>Mar. 13</b>	<b>Thur.</b>	<b>Newbury Park</b>	<b>Carpinteria</b>	<b>3:00</b>
<b>Mar. 20</b>	<b>Thur.</b>	<b>Oak Park</b>	<b>Carpinteria</b>	<b>3:00</b>
Mar. 22	Sat.	Easter Relays	SBCC	9:00
Mar. 27	Thur.	Nordhoff	Nordhoff	4:00
Apr. 2	Wed.	Tri-City Relays	Dos Pueblos	3:00
Apr. 5	Sat.	Malibu Invitational	Malibu	9:00
Apr. 10	Thur.	Oaks Christian	Oaks Christian	3:00
<b>Apr. 12</b>	<b>Sat.</b>	<b>89th Russell Cup</b>	<b>Carpinteria</b>	<b>9:30</b>
<b>Apr. 17</b>	<b>Thur.</b>	<b>Fillmore</b>	<b>Carpinteria</b>	<b>3:00</b>
<b>Apr. 19</b>	<b>Sat.</b>	<b>S.B. County Championships</b>	<b>Carpinteria</b>	<b>10:00</b>
<b>Apr. 23</b>	<b>Wed.</b>	<b>St. Bonaventure, La Reina</b>	<b>Carpinteria</b>	<b>3:00</b>
<b>May 1</b>	<b>Thur.</b>	<b>TVL Championships</b>	<b>Carpinteria</b>	<b>3:00</b>
<b>May 10</b>	<b>Sat.</b>	<b>CIF Div. IV Prelims</b>	<b>Carpinteria</b>	<b>12:00</b>
May 17	Sat.	CIF Finals	Mt. SAC	11:00
May 23	Fri.	CIF Masters Meet	Cerritos College	4:30
May 30	Fri.	California State Prelims	Cerritos College	1:00
May 31	Sat.	California State Finals	Cerritos College	5:00

## CONTINUING ON — ALUMNI NEWS *Life After Carpinteria*

From the snugly nestled Westmont College community to the north comes tidings of competition and joy. Chris Targoni, Manuel (Chachi) Hernandez and Courtney Jones have all begun their competitive season with some solid beginning marks. During the CSU Northridge all comers meet on February 2nd, Courtney Long Javelin Jumped where she cleared 12' 1/2" in the jump and 60' 4" in the throw. At the same meet Chris and Manuel threw the Discus, Shot and Hammer. In the Discus, they threw respective marks of 123' 06" and 61' 04". The hammer nailed a 132' 03" and a 44' 04", while the shot gouged a 39' 05 3/4" and a 27' 06". Targs also tossed the 35 lb weight 36' 05" to land #6 on Westmont's all time performance list. Chachi threw a javelin 81' 01". The Azusa indoor qualifier on February 9th saw the return of the bash brothers with a PR shot by Manuel of 27' 11" and '08 best heave by Targoni of 42' 07". Chris again

threw his weight around this time earning the 8th best all time performance with a 35' 04".

Chris Targoni set two PRs and had a seasonal best at the Gaucho Roundup on February 16. His best finish was in the hammer where he placed second with a seasonal best of 137' 2". His PR of 46' 7 1/2" in the shot landed Chris at #10 on the Westmont all time list. He also threw a PR of 128' 0" in the discus. Chachi Hernandez also tested his skills against UCSB and Claremont. He threw a PR of 27' 11" in the shot and another PR of 64' 11" in the discus

Help us keep up with the exploits of our heroes. Report results from the track or field. E-mail to J\_mac\_mahon@hotmail.com or mail to the Warrior Journal c/o Carpinteria High School, 4810 Foothill Road, Carpinteria 93013, Attn: Jeremy MacMahon.